



## LOUGHBOROUGH C OF E PRIMARY SCHOOL

**Address:** *William Street, Loughborough , LE11 3BY*  
**Headteacher:** *Mrs J Stillwell*  
**Tel:** *01509 263 430*  
**Email:** *office@lceps.leics.sch.uk*  
**Website:** *www.loughborough-primary.co.uk*

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Dear parents and carers,

### **Relationships and Health Education**

This term, across all year groups of the school, our Personal, Social and Health Education topic is 'Changing Me'.

We understand that this topic covers sensitive content, especially as the children progress through the school into older year groups. As a school, we have a legal duty to deliver relationship and health education, but it is up to us as a school to decide how much of the sex education curriculum is appropriate for us to deliver.

At C of E, we recognise that some parts of our community, especially those families with strong faith-based values (Christian and other faiths) would wish to discuss sex education at home, our staff and governors have decided to only teach the compulsory aspects of the sex education curriculum that are covered in the science curriculum. These are as follows:

- the main external body parts
- the human body as it grows from birth to old age (including puberty)
- reproduction in some plants and animals

The scheme of work that we have adopted to support our teaching in this area is called 'Jigsaw', which is a widely used scheme in schools across the UK.

The content of relationship and health education as taught through the Jigsaw 'Changing Me' unit is outlined here for each year group for your information:

#### Year 1

- I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina
- I respect my body and understand which parts are private

#### Year 2

- I can recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vagina) and appreciate that some parts of my body are private



- I can tell you what I like/don't like about being a boy/ girl

#### Year 3

- I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up
- I recognise how I feel about these changes happening to me and know how to cope with these feelings

#### Year 4

- I can identify what I am looking forward to when I am in Year 5
- I can reflect on the changes I would like to make when I am in Year 5 and can describe how to go about this

#### Year 5

- I can describe how boys' and girls' bodies change during puberty
- I can express how I feel about the changes that will happen to me during puberty

#### Year 6

- I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born and
- I recognise how I feel when I reflect on the development and birth of a baby
- I can ask the questions I need answered about changes during puberty

Teachers use the Jigsaw materials in a discretionary way, deciding how to teach the aspects outlined above, based on their knowledge of their own class and pupils. It is often the case during these lessons, that pupils raise issues about sex education that fall outside of the science curriculum. Where this happens, the teacher will need to use their professional judgement as to whether the questions/issues need to be tackled as a whole class (usually in order to correct a misconception or negative attitude that a child has expressed) or whether to discuss this in a more private way with the child at a later point. This can sometimes lead to other children in the class, picking up information that goes beyond the intention of the lesson. Where this has been judged to have happened, we will seek to inform parents as quickly as possible, so that they can be prepared address the topic at home with their own child.

If you are concerned about how your child will react to any of the aspects of the relationship and health education curriculum as outlined above, please speak to your child's class teacher for reassurance.

Yours faithfully,

Mrs Janine Stillwell  
Headteacher+