

P.E. Curriculum Long Term Plan

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year One	Multi-skills: Throwing and Catching	Gymnastics	Multi-skills: Bat and Ball	Invasion Games: Attacking and Defending	Multi-skills: Striking and Fielding	Outdoor Adventurous Activity
Year Two	Multi-skills: Throwing and Catching	Gymnastics	Multi-skills: Bat and Ball	Invasion Games: Attacking and Defending	Multi-skills: Striking and Fielding	Outdoor Adventurous Activity
Year Three	Invasion Games: Netball/ Basketball	Dance	Fitness/Circuit Training	Invasion Games: Football	Rounders	Athletics
Year Four	Invasion Games: Netball/ Basketball	Dance	Fitness/Circuit Training	Invasion Games: Football	Rounders	Athletics
Year Five	Invasion Games: Hockey	Outdoor Adventurous Activity	Gymnastics	Invasion Games: Tag Rugby	Cricket	Athletics
				Swimming	Swimming	Swimming
Year Six	Invasion Games: Hockey	Outdoor Adventurous Activity	Gymnastics	Invasion Games: Tag Rugby	Cricket	Athletics
						Tennis
	Swimming	Swimming	Swimming			(Bike-ability)